

## **Business Travel Tips from a Road Warrior**

Kathleen Ameche, best-selling author and former VP/CIO of media and entertainment giant Tribune Company, will discuss highlights from her book, *The Woman Road Warrior*, and share insider tips, tricks and traps for anyone who is about to embark on a career that will involve business travel.

Closing in on her 2,000,000<sup>th</sup> mile, Kathleen Ameche has faced all the nightmares of business travel. But instead of just letting it take its toll, Kathleen's collected her notes and published a comprehensive guide on how to travel like a pro.

On Monday April 17, 2006, at 12:15p – 1:15p. Kathleen Ameche will appear in room 101. Lunch will be provided.

Kathleen will highlight the most crucial information that will enable even first-time business travelers to look like they've been doing it for years. Topics to be covered include:

- Why you'll need to take the time to understand your organization's travel & entertainment policy.
- Handling air flight disruptions in order optimize productivity.
- Getting the best room in a hotel
- Making the most of the services a hotel will provide
- How to keep safety in mind, and how to react to perilous situations
- Knowing how much to tip
- Balancing health and sanity
- Parenting on the road

Her advice is applicable to new or semi-experienced business travelers.

Kathleen Ameche, CPA is currently President of the Ameche Group L.L.C. ([www.womanroadwarrior.com](http://www.womanroadwarrior.com)), a company she founded to be the friend and champion for businesswomen. In addition to her service at Tribune Company, she has been Vice President at Geac Corp. (formerly Dun & Bradstreet Software) and a Vice President at West Monroe Partners LLC, a business and technology consulting firm, and was a consultant at Deloitte and Touche. She has been a guest speaker and presenter at industry and professional conferences, seminars, and universities, and has held board positions with Girls Scouts of America and Loyola University.